



Ocean Grove Barwon Heads Little Athletics Club (Inc.)
 Bop Bop Karrong Barwon Heads (Kornoo),
 Barwon Heads Village Park,
 Geelong Road (East),
 Barwon Heads, VIC 3227

Postal Address:
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ABN: 12 328 350 227

Club Records (as at the completion of the 2018/19 Season)

Notes:

Where possible, Geelong Little Athletics Club (GLAC) uses full electronic timing on both the front and back straights. What is meant by full electronic timing is that the timing device is started by the gun and is stopped by the athlete passing the electronic eye on the finishing gates. In this way, the reaction time of timekeeper is removed at both the start and finish of these events. On some occasions, GLAC has to revert to partial electronic timing with the use of the finishing gates, but the timing device is manually started. The removal of the timekeepers' reaction time influences the time recorded for races – athletes are given slower times electronically than manually.

There is an international convention for comparing manual and electronic times – this has been, and will be observed for all GLAC records.

Converting manual time to *standardised time* - according to the international convention, and LAVIC Rule 260 (and to which GLAC adheres), all track events up to 300m Hurdles - add 0.24s to the manual time; for 400m or 4x100m then add 0.14s.

[E.g. A manual 100m time of 13.65 is rounded to nearest tenth of a second 13.7 and then standardised (S) using the addition of 0.24 for a standardised time of 13.94. A time of 13.64 is rounded down to 13.6 and converted to standardised time of 13.84].

It is understood that full electronic timing came into effect in the 2009/2010 Season.

On this basis, all records have been standardised '(S)' prior to the 2009/2010 Season.

During the competition season, records are now only registered at Landy Field.

* Denotes GLAC record.

 18/19 Season records.

70m

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U8	90/91	Sean Avery	11.1 sec	11.34 sec	U8	97/98	Krystal Barton	11.6 sec	11.84 sec
U9	91/92	Sean Avery	10.1 sec	10.34 sec	U9	97/98	Evie Maguire	11.0 sec	11.24 sec
U10	92/93	Sean Avery	10.1 sec	10.34 sec	U10	09/10	Heidi Demeo	10.26 sec	
U11	94/95	Tim James	10.1 sec	10.34 sec	U11	87/88	Tracey McDonald	10.0 sec	10.24 sec
U11	03/04	Jake Hedley	10.1 sec	10.34 sec					
U12	95/96	Tim James	9.7 sec	9.94 sec	U12	04/05	Emily Barber	9.8 sec	10.04 sec
						99/00	Samantha Canny	9.8 sec	10.04 sec
						95/96	Michelle Wood	9.8 sec	10.04 sec

100m

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U8	09/10	Rory Monteith	16.38 sec		U8	97/98	Krystal Barton	16.3 sec	16.54 sec
					U8	08/09	Holly Ryan	16.3 sec	16.54 sec
U9	16/17	Miller Smith	14.74 sec		U9	97/98	Evie Maguire	15.2 sec	15.44 sec
U10	17/18	Isaac Dalton	14.71 sec		U10	97/98	Elise Henry	14.9 sec	15.14 sec
U11	16/17	Joshua Payne	13.99 sec		U11	87/88	Tracey McDonald	14.1 sec	14.34 sec
U12	17/18	Joshua McOuat	13.22 sec		U12	95/96	Michelle Wood	13.2 sec	13.44 sec
U13	18/19	Joshua McOuat	12.49 sec		U13	99/00	Ashlee Giuffrida	12.9 sec	13.14 sec
U14	98/99	Ryan Hooper	12.5 sec	12.74 sec	U14	00/01	Ashlee Giuffrida	13.1 sec	13.34 sec
U14	01/02	Dominic Sheehan	12.5 sec	12.74 sec					
U15	96/97	Sam Kelberg	11.6 sec	11.84 sec	U15	03/04	Evie Maguire	12.6 sec	12.84 sec
U15	05/06	Scott Grant	11.6 sec	11.84 sec					
U16	12/13	Elliot Hackett	12.55 sec		U16	12/13	Meg Badrock	14.34 sec	

200m

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U8	90/91	Sean Avery	32.9 sec	33.14 sec	U8	01/02	Shelby Hackett	33.1 sec	33.34 sec
U9	96/97	Kieran Hensey	30.8 sec	31.04 sec	U9	97/98	Evie Maguire	32.2 sec	32.44 sec
U10	97/98	Kieran Hensey	29.0 sec	29.24 sec	U10	16/17	Greta Jones	31.08 sec	
U11	16/17	Joshua Payne	28.98 sec		U11	87/88	Tracey McDonald	29.9 sec	30.14 sec
U12	17/18	Joshua McOuat	27.29 sec		U12	99/00	Samantha Canny	27.8 sec	28.04 sec
U13	18/19	Joshua McOuat	25.48 sec		U13	96/97	Michelle Wood	27.6 sec	27.84 sec
U14	98/99	Ryan Hooper	25.2 sec	25.44 sec	U14	97/98	Michelle Wood	26.2 sec	26.44 sec
U15	96/97	Sam Kelberg	23.6 sec	23.84 sec	U15	98/99	Michelle Wood	25.9 sec	26.14 sec
U16	12/13	Elliot Hackett	26.26 sec		U16	12/13	Meg Badrock	30.25 sec	

400m

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U8	90/91	Sean Avery	1:15.6 sec	1:15.74 sec	U8	00/01	Jessi Canny	1:22.0 sec	1:22.14 sec
U9	96/97	Kieran Hensey	1:09.3 sec	1:09.44 sec	U9	09/10	Holly Ryan	1:19.92 sec	
U10	97/98	Kieran Hensey	1:09.7 sec	1:09.84 sec	U10	16/17	Greta Jones	1:12.41 sec	
U11	96/97	Jason Graham	1:07.6 sec	1:07.74 sec	U11	87/88	Tracey McDonald	1:07.3 sec	1:07.44 sec
U12	17/18	Joshua McOuat	1:03.04 sec		U12	99/00	Samantha Canny	1:04.1 sec	1:04.24 sec
U13	18/19	Joshua McOuat	56.87 sec		U13	12/13	Heidi Demeo	1:01.39 sec	
U14	08/09	Thomas Henry	1:01.3 sec	1:01.44 sec	U14	97/98	Michelle Wood	1:00.4 sec	1:00.54 sec
U15	96/97	Sam Kelberg	54.6 sec	54.74 sec	U15	03/04	Evie Maguire	59.00 sec	59.14 sec
U16	12/13	Elliot Hackett	55.25 sec		U16	12/13	Meg Badrock	1:13.84 sec	

60m Hurdles

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U8	90/91	Sean Avery	10.5 sec*	10.74 sec*	U8	00/01	Jessi Canny	11.8 sec	12.04 sec
U9	16/17	Ned Badrock	10.82 sec		U9	02/03	Madeline Luppino	11.6 sec	11.84 sec
					U9	08/09	Bridget Rowlands	11.6 sec	11.84 sec
U10	15/16	Joshua Payne	10.58 sec *		U10	97/98	Elise Henry	11.4 sec	11.64 sec
U11	16/17	Joshua Payne	9.87 sec *		U11	17/18	Michaela Payne	10.54 sec	
U12	17/18	Joshua Payne	9.95 sec		U12	11/12	Abbey Badrock	10.13 sec	

80m Hurdles

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U8	04/05	Zaine Cordy	16.2 sec	16.44 sec	U8	00/01	Jessi Canny	16.2 sec	16.44 sec
U9	14/15	Joshua Payne	14.99 sec		U9	97/98	Evie Maguire	15.3 sec	15.54 sec
U10	15/16	Joshua Payne	14.29 sec		U10	09/10	Abbey Badrock	14.66 sec	
U11	98/99	Kieran Hensey	14.8 sec	15.02 sec	U11	10/11	Abbey Badrock	14.64 sec	
U12	17/18	Joshua Payne	13.35 sec		U12	18/19	Michaela Payne	13.08 sec*	
U13	18/19	Joshua McQuat	13.46 sec		U13	18/19	Sienna Wrench	13.23 sec	
U14	04/05	Scott Grant	14.1 sec	14.34 sec	U14	08/09	Kelsey Marshman	13.7 sec	13.94 sec

90m Hurdles

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U14	04/05	Scott Grant	13.7 sec	13.94 sec	U15	03/04	Evie Maguire	13.7 sec	13.94 sec
					U16	12/13	Meg Badrock	19.62 sec	

100m Hurdles

Boys				
Age	Year	Name	Record	(S)Record
U15	05/06	Scott Grant	13.7	13.94 sec
U16	12/13	Elliott Hackett	17.31 sec	

200m Hurdles

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U13	18/19	Joshua McQuat	27.41 sec*	U13	18/19	Erin Foley	32.14 sec
U14	18/19	Joshua Payne	29.70 sec	U14	18/19	Sienna Wrench	30.00 sec

300m Hurdles

Boys					Girls				
Age	Year	Name	Record	(S)Record	Age	Year	Name	Record	(S)Record
U13	98/99	Jason Graham	46.6 sec	46.84 sec	U13	94/95	A. Coleman	49.3 sec	49.54 sec
U14	99/00	Jareth Quayle	44.6 sec	44.84 sec	U14	08/09	Kelsey Marshman	46.2 sec	46.44 sec
U15	06/07	Sean Marshman	40.7 sec	40.94 sec	U15	03/04	Evie Maguire	44.2 sec*	44.44 sec*
U16	12/13	Elliot Hackett	45.39 sec		U16	12/13	Meg Badrock	56.25 sec	

700m

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	18/19	Quinn Davidson	3:33.01				

800m

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	04/05	Zaine Cordy	2:55.6 sec	U8	02/03	Luci Hedley	3:14.1 sec
U9	13/14	Archer Wiltshire	2:41.48 sec	U9	03/04	Luci Hedley	3:02.6 sec
U10	90/91	Shannon Ryan	2:38.4 sec	U10	16/17	Greta Jones	2:42.23 sec
U11	94/95	Shaun Maloney	2:33.0 sec	U11	90/91	Catherine Prior	2:39.9 sec
U12	13/14	Oliver Wiltshire	2:27.6 sec	U12	09/10	Corrin Demeo	2:29.16 sec
U13	18/19	Joshua McOuat	2:19.31 sec	U13	09/10	Isobel Gower	2:20.99 sec
U14	15/16	Oliver Wiltshire	2:21.60 sec	U14	18/19	Sienna Wrench	2:37.56 sec
U15	16/17	Oliver Wiltshire	2:10.06 sec	U15	08/09	India Kinsey	2:29.38 sec
U16	12/13	Elliot Hackett	2:13.37 sec	U16	12/13	Meg Badrock	2:54.78 sec

1500m

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U11	12/13	Oliver Wiltshire	5:08.40 sec	U11	07/08	Isobel Gower	5:27.91 sec
U12	13/14	Oliver Wiltshire	4:56.64 sec	U12	09/10	Corrin Demeo	5:07.11 sec
U13	14/15	Oliver Wiltshire	4:47.98 sec	U13	09/10	Isobel Gower	4:59.43 sec
U14	98/99	Tim Lord	4:54.7 sec	U14	09/10	Holly Curtis	5:01.42 sec
U15	16/17	Oliver Wiltshire	4:36.60 sec	U15	08/09	India Kinsey	5:12.55 sec
U16	12/13	Elliot Hackett	4:48.91 sec	U16	12/13	Meg Badrock	6:28.65 sec

700m Walk

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U9	17/18	Darcy Harrington	4:26.40 sec	U9	16/17	Madison Grunberg	4:30.39 sec

1100m Walk

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U9	96/97	Scott Pocock	6:20.1 sec*	U9	11/12	Chloe Osborne	7:00.0 sec
U10	97/98	Scott Pocock	5:49.5 sec	U10	12/13	Chloe Osborne	6:05.89 sec
U11	18/19	Keegan Johnson	6:30.24 sec	U11	18/19	Sienna Davidson	6:54.58 sec

1500m Walk

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U11	98/99	Scott Pocock	7:36.1 sec*	U11	03/04	Shana Wilson	8:31.5 sec
U12	99/00	Scott Pocock	7:25.6 sec*	U12	03/04	Olivia Fenton	8:31.29 sec
U13	00/01	Trent Pocock	7:34.6 sec	U13	04/05	Olivia Fenton	8:58.49 sec
U14	01/02	Trent Pocock	7:33.2 sec	U14	00/01	Fauve Jacobs	7:50.50 sec
U15	02/03	Trent Pocock	7:22.2 sec	U15	01/02	Fauve Jacobs	7:37.50 sec
U16	12/13	Nathaniel Gravener	9:09.06 sec	U16	12/13	Meg Badrock	10:53.55 sec

High Jump

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	09/10	Oliver Henry	1.15m	U8	11/12	Alice Irving	1.00m
U9	96/97	Kieran Hensey	1.25m	U9	12/13	Alice Irving	1.21m
U9	05/06	Jack Henry	1.25m				
U10	15/16	Joshua Payne	1.40m	U10	09/10	Abbey Badrock	1.27m
U11	16/17	Joshua Payne	1.50m*	U11	08/09	Maddison Traynor	1.35m
U12	17/18	Joshua Payne	1.58m*	U12	11/12	Abbey Badrock	1.45m
U13	03/04	Scott Grant	1.65m	U13	11/12	Samantha Gravener	1.50m
U14	04/05	Scott Grant	1.78m	U14	98/99	Linda Craig	1.59m
U15	09/10	Thomas Henry	1.91m	U15	99/00	Linda Craig	1.60m
U16	12/13	Elliot Hackett	1.65m	U16	12/13	Meg Badrock	1.35m

High Jump (Scissors)

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	16/17	Angus Jones	0.95m	U8	17/18	Alice Garland	0.85m
U9	17/18	Darcy Harrington	1.20m	U9	18/19	Alice Garland	0.95m
				U9	18/19	Mikayla Grunberg	0.95m
				U9	18/19	Arhlia Cvetkovski	0.95m
				U9	18/19	Sanne Davis	0.95m
U10	18/19	Archie McCallum	1.20m	U10	18/19	Charli Burke	1.05m

Long Jump

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	90/91	Sean Avery	3.63m	U8	96/97	Evie Maguire	3.11m
U9	17/18	Darcy Harrington	4.05m	U9	97/98	Evie Maguire	3.52m
U10	97/98	Kieran Hensey	4.41m	U10	16/17	Michaela Payne	3.90m
U11	16/17	Joshua Payne	4.67m	U11	94/95	Michelle Wood	4.35m
U12	17/18	Joshua Payne	5.10m	U12	18/19	Michaela Payne	4.59m
U13	18/19	Joshua McOuat	5.79m*	U13	94/95	Sophie Halsall	4.80m
U14	04/05	Scott Grant	5.65m	U14	97/98	Michelle Wood	5.14m
U15	05/06	Scott Grant	6.38m*	U15	98/99	Michelle Wood	5.38m*
U16	12/13	Nathaniel Gravener	4.48m	U16	12/13	Meg Badrock	4.10m

Triple Jump

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	04/05	Zaine Cordy	6.61m	U8	94/95	G. Jones	6.51m
U9	96/97	Kieran Hensey	8.32m	U9	02/03	Shelby Hackett	8.03m
U10	97/98	Kieran Hensey	9.48m	U10	09/10	Abbey Badrock	8.33m
U11	98/99	Kieran Hensey	9.95m	U11	94/95	Michelle Wood	9.17m
U12	17/18	Joshua Payne	10.60m	U12	95/96	Michelle Wood	10.16m
U13	18/19	Joshua McQuat	11.21m	U13	96/97	Michelle Wood	10.75m
U14	01/02	Scott Pocock	11.95m	U14	97/98	Michelle Wood	10.50m
U15	01/02	Thomas Henry	12.26m	U15	94/95	Sophie Halsall	10.84m
U16	12/13	Elliot Hackett	10.23m	U16	12/13	Meg Badrock	8.63m

Shot Put

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	89/90	A. Kapornnya	5.88m	U8	95/96	Nikita Donovan	5.64m
U9	17/18	Darcy Harrington	8.20m	U9	03/04	Luci Hedley	5.96m
U10	04/05	Jak Evans	8.79m	U10	04/05	Ella Saunders	7.68m
U11	05/06	Jak Evans	11.13m	U11	15/16	Amelia Cunningham	9.02m
U12	06/07	Jak Evans	11.52m	U12	01/02	Kerryn Lomas	11.57m
U13	98/99	Jareth Quayle	11.54m	U13	02/03	Kerryn Lomas	11.39m
U14	04/05	Scott Grant	11.05m	U14	03/04	Kerryn Lomas	12.01m
U15	05/06	Scott Grant	14.27m	U15	04/05	Kerryn Lomas	12.45m
U16	12/13	Elliot Hackett	10.22m	U16	12/13	Meg Badrock	8.24m

Discus

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U8	97/98	Ayce Cordy	17.00m	U8	00/01	Jessi Canny	15.47m
U9	96/97	Scott Pocock	22.90m	U9	05/06	Dusty Evans	17.02m
U10	95/96	J. Wojtczak	30.27m	U10	01/02	Shohan Marsh	19.01m
U11	98/99	Kieran Hensey	26.29m	U11	03/04	Shana Wilson	23.51m
U12	97/98	Jareth Quayle	28.74m	U12	90/91	S. McDonald	22.29m
U13	03/04	Scott Grant	37.10m	U13	02/03	Kerryn Lomas	35.61m
U14	99/00	Jareth Quayle	33.69m	U14	03/04	Kerryn Lomas	34.77m
U15	01/02	Jarryd Halnon	41.78m	U15	04/05	Kerryn Lomas	33.39m
U16	12/13	Elliot Hackett	30.95m	U16	12/13	Meg Badrock	16.16m

Javelin (400g)

Boys				Girls			
Age	Year	Name	Record	Age	Year	Name	Record
U11	98/99	Kieran Hensey	27.41m	U10	09/10	Bridget Rowlands	14.10m
U12	97/98	Jareth Quayle	30.97m	U11	03/04	Shana Wilson	24.12m
U13	98/99	Jareth Quayle	36.06m	U12	09/10	Maddison Traynor	29.68m
U14	04/05	Scott Grant	46.09m	U13	05/06	Shana Wilson	28.50m
U15	05/06	Scott Grant	56.50m	U14	18/19	Amelie Parfitt	29.13m
U16	12/13	Elliot Hackett	31.84m	U15	12/13	Maddison Traynor	30.33m
				U16	12/13	Meg Badrock	15.17m

Javelin (500g)

Girls			
Age	Year	Name	Record
U14	11/12	Maddison Traynor	30.50m
U15	11/12	Bridget Taylor	22.23m

Javelin (600g)

Boys			
Age	Year	Name	Record
U13	18/19	Joshua McOuat	16.70m
U14	18/19	Declan Foley	26.53m

Javelin (700g)

Boys			
Age	Year	Name	Record
U15	16/17	Jools Bond	21.33m