



Ocean Grove Barwon Heads Little Athletics Club (Inc.)
Bop Bop Karrong Barwon Heads (Kornoo),
Barwon Heads Village Park,
Geelong Road (East),
Barwon Heads, VIC 3227

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President's Message: Season 19-20

I would like to extend a warm welcome for Season 2019/20 to all our new members, existing athletes and our sponsors of the Ocean Grove Barwon Heads Little Athletics Club ('OGBHLAC').

Wow! What a Season 18-19 turned out to be for OGBHLAC. For the first time in our 48-year history, we won Geelong Little Athletics Centre's Top Club Award.

That was on the back of the Most Improved Club Award in Season 17-18, and the March Past Award the season before. We are experiencing a 'purple patch', and all those associated with the club over the recent seasons should be really proud of our grassroots Little Aths. Club. Well done to all involved!

Next Season is our 50th Anniversary, so it's an exciting time!

My wife, Ruth Payne, and I have now been involved with the club for over 5 years, and I would like to personally thank Ruth for taking up the mantle as President over the last 2 years.

I would also like to thank outgoing Committee Member, Kirsten Roberts.

Secondly a huge thank you to this season's Committee Members for offering to give up their valuable time to assist with the running of our club. Without all of your passion and dedication, organisations like ourselves simply wouldn't survive. In particular, we welcome Denita Foley as this year's Vice-President.

This is my 6th year on the OGBHLAC Committee, and it continues to amaze me how our club grows season on season. We reached nearly 80 members last year, which is testament to the hard work of our Committee Members to promote this great Australian Summer Sport in our local community.

Little Athletics undoubtedly requires commitment from not only our little athletes, but also from their parents. In return, it provides the little athletes with the chance to compete against each other, but importantly against themselves. In striving to be the best they can, they develop physical fitness, coordination and self-confidence. For our parents, embracing Duty Roster provides the opportunity to support your child/ren, and gain a better understanding of the skills that each event requires.

This year we will continue to communicate through the following platforms:

- Facebook Page @OGBHLittleAthletics
- OGBH Team App (every family will be required to join).

We will again be running training sessions once a week at our Clubhouse at Bop Bop Karrong at Barwon Heads Village Park, with our coach Shelby Hackett. This season, they'll run on a Thursday evening until Christmas.

We are looking to have a Christmas 'break-up' get-together for the kids this Season....watch this space.

Should you require any further information about Little Athletics, now or during the season, please jump onto the following websites:

www.lavic.com.au www.geelonglac.com.au OR our site www.ogbhlac.org.au , or come and have a chat.

It's sure to be another great season of participation, competition and personal achievements for all of our little athletes. C'mon Ocean Grove Barwon Heads!

There will be fantastic competition with the other clubs at Landy Field this season, so to all our little athletes, **Be Your Best!**



Matthew Payne
President, OGBHLAC Season 19-20